

1. A wet wiper comprising: a sheet including absorbent fibers; and a liquid impregnated into the sheet, the impregnated liquid containing at least one plant extract, wherein

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3. A wet wiper as set forth in claim 1, wherein the plant extract has an anti-inflammatory effect.

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7. A wet wiper as set forth in claim 1, wherein the

impregnated liquid contains only polyhydric alcohol as alcoholic ingredient.

8. A wet wiper as set forth in claim 1, wherein the polyhydric alcohol used for extracting the plant extract is at least one selected from the group consisting of 1,3-butylene glycol, propylene glycol, and glycerin.

9. A wet wiper as set forth in claim 1, wherein the impregnated liquid contains from 0.1% to 10% by weight liquid extract formed by extraction of the plant extract.

10. A wet wiper as set forth in claim 1, wherein the absorbent fibers comprise at least one of rayon and cotton.

11. A wet wiper as set forth in claim 1, wherein the sheet has a basis weight within a range of 40g/m² to 70g/m².

12. A wet wiper as set forth in claim 1, wherein the sheet is rectangular in the shape and has a shorter side of 250 mm or more and an area of 1000 cm² or more.

13. A wet wiper as set forth in claim 1, wherein the wiper is for nursing and/or care use.

14. A wet wiper as set forth in claim 1, wherein the sheet comprises a nonwoven fabric.

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